

## **Park Aspire AP Academy Personal Development Curriculum Intent Statement**

### **"Individually we ASPIRE, together we EXCEED"**

At Park Aspire AP Academy, we believe that personal development is key to empowering pupils to overcome challenges, build resilience, and develop the confidence they need to succeed. Many of our pupils have had negative experiences with education, often leading to disengagement and low self-esteem. Our personal development curriculum ensures that every pupil receives the support, guidance, and opportunities needed to thrive in a safe and nurturing environment.

Our ethos – "*Individually we ASPIRE, together we EXCEED*" – underpins our approach, ensuring that all pupils develop the skills, attitudes, and values needed for lifelong success.

### **Key Principles of Our Personal Development Curriculum**

#### **1. Holistic Well-Being & Emotional Resilience**

- We prioritise pupils' social, emotional, and mental well-being, helping them develop self-regulation, resilience, and coping strategies.
- Our curriculum includes therapeutic support, mentoring, and structured interventions to address emotional barriers to learning.

#### **2. Character & Life Skills**

- We foster independence, responsibility, and positive relationships through a values-driven curriculum focusing on *PRIDE, ACHIEVE, RESPECT, KINDNESS*.
- Pupils develop essential life skills, including communication, teamwork, and problem-solving, preparing them for further education, training, and employment.

#### **3. Aspirations & Future Readiness**

- We encourage pupils to set ambitious goals, inspiring them to believe in their potential and develop a positive vision for their future.
- Experiential learning, projects, and community engagement provide real-world learning experiences that broaden pupils' horizons.

### **Success Measures**

Success in our curriculum is not defined solely by academic outcomes but by the development of confident, motivated pupils who believe in their ability to succeed.

To ensure our Personal Development curriculum intent is achieved, we will measure success through:

**Emotional Growth:** Improved self-regulation, resilience, and emotional well-being.

**Positive Relationships:** Pupils develop trust, respect, and a sense of belonging within the school community.

**Engagement & Behaviour:** Increased participation in learning and a reduction in behavioural incidents.

**Life Readiness:** Pupils demonstrate independence, confidence, and readiness for future education, training, or employment.

**Pupil Voice:** Feedback shows pupils feel valued, motivated, and optimistic about their future.

At Park Aspire AP Academy, we are committed to transforming the educational experiences of our pupils. By providing a Personal Development curriculum that is engaging, supportive, and aspirational, we help support our pupils to thrive and overcome their challenges.

We support each pupil to ASPIRE to their potential, achieve 'PERSONAL EXCELLENCE' and EXCEED their expectations.

**PRIDE, ACHIEVE, RESPECT, KINDNESS**